DOVERCOURT BOYS AND GIRLS CLUB

Dovercourt Boys and Girls Club

Welcoming the New Year with Hamper Success, Garden season and more!



Dovercourt Boys and Girls Club's 8th annual Christmas Hamper Program returned this year with support from Metro, Board of Directors, donors, community members and staff. Over the span of a busy week in December, our Club successfully delivered 416 food and essential boxes and over 150 backpacks to families and individuals across Toronto. The months of diligent organizing and planning; agglomerated into a swift pick-up and delivery system on Saturday December 22nd which brought recipients four boxes each filled with food and essentials. This year, due to generous donations, each family received four boxes – filled with fresh fruits, vegetables, meat, condiments and canned goods. Read more about the Club's tradition on page 2.

In case you missed it, Dovercourt Boys and Girls Club's Winter highlights include:

- The opening of Multipurpose Room. Full story on page 6.
- Artscape Gibraltar Point hosts Dovercourt members during Winter Break Camp. Read more page 4.
- Follow **Rebekah Roblin**'s journey in Malawi with Disabled Women in Africa and help support a skates donation fund in the memory of **John Sarchese**. Read more about these initiatives on page 10.

www.dovercourtkids.com A good place to be

HOW IT ALL CAME TOGETHER: 416 BOXES, 255 VOLUNTEERS

The Club's Christmas Hamper Program tradition expanded with 255 volunteers and 45 new donors in 2018. Under the direction of esteemed leaders, volunteers completed essential tasks of packing boxes, labeling lids and organizing items and loading and unloading boxes together. The Christmas Hamper Program has not only been a milestone and opportunity to unite the local community for the Club but also inspire young members to participate in charitable activities. "It's always a pleasure bringing



the Christmas Hamper Program back every year. Through this collective effort, not only do we strive to make coping with the winter season easier for families but also inspire younger generations to participate in and lead positive community initiatives," said Sheldon Taylor, Executive Director. New 2018 partnerships include Italpasta, Tea and HERBAL Association of Canada, Irie Spices, Shah Trading







metro

and Ferrero Rocher. Generous toy donations from Holly's Toy Drive, local schools, Planet Fitness and Toronto Police Department were an addition to the food, essentials, warm coats and backpacks distributed during the Christmas Hamper program. GAP's Adopt a Family was another program Dovercourt Clubhouse participated in. Two families were selected to receive gifts from their wish lists from GAP (Yorkdale location). What a wonderful surprise!



LET YOUR IMAGINATION RUN WILD



Dovercourt Boys and Girls Club and Junction Triangle Clubhouse host numerous exhibitions for members to build confidence, harness their creativity and express themselves in a safe and encouraging environment. Our most recent artistic expression was our in-house Winter Concert on Thursday December 13 and Junction Triangle Clubhouse's Christmas Party on Wednesday December 12.

The young stars of both Clubs took the stage with singing, dancing, theatrical and musical performances all carefully crafted and rehearsed in our Character Development Programs. Staff members sat down with each child and different groups to plan every play and monologue. The staff's one-on-one attention and back-stage cheers for their members resulted in young grinches and reindeers entertaining family and friends. Dovercourt Club's halls were filled with Christmas spirit that led to a surprise visit from Santa himself.







ARTSCAPE GIBRALTAR POINT



Making fake snow, snowballs and maneuvering through scavenger hunts are a few of the skills Dovercourt Club members developed at Artscape Gibraltar Point. The artistic cultural club hosts multiple self-directed programs and hosted our Character Development Program members on Friday, January 18. All activities were planned and organized by artist-in-residence, Allison Rowe.

Dovercourt Boys and Girls Club's Character Development Programs are the embodiment of the Club's values of working together and providing support. Members can participate in guitar, keyboard, etiquette, drumming, and steel pan programs ranging from beginner to expert lessons and learn about an instrument's cultural origins and basic rhythms. These programs do not just build a strong foundation for a child's musical and artistic skill set – but also expands their teamwork, communication and leadership skills. All Character Development Programs are back for the

winter session beginning February 4th 2019. We are offering drama club, steel pan, violin, drumming, photography and so much more! If members are interested in registering or want to inquire about any of the programs please contact, Cassandra (cassandra@dovercourtkids.com)





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MARGH BREAK MELTDOWN

Dovercourt Boys and Girls Club's March Break Meltdown is back this year from Monday March 11 to Friday March 15 with exciting activities and trips to Solar Stage and Riverdale Farm! Members can participate in art, gardening, and sports activities and take part in our annual St. Patrick's Day Parade during the course of the break.

With our new Multipurpose room and facilities like the library, theatre, gym and computer room, members have the opportunity to explore various activities while making new friends. Daily camp themes:

- · Monday (Crazy Hair day)
- Tuesday (Beach day)
- · Wednesday (Jersey day)
- Thursday (Pajama day)
- Friday (Wear green/orange attire day)







FEES: Full wee

(Monday March 11th - Friday March 15th, 201

Ages 4-6; \$170.00 Ages 7+: \$160.00

Per day fees: Ages 4-6: \$50/day (9:00 AM - 4:00 PM) Ages 7-: \$45/day (9:00 AM - 4:00 PM)

Locations

Dovercourt Clubhouse 180 Westmoreland Ave, Toronto, M6H 3A2 (416) - 536 - 4102

Junction Triangle Clubhouse 1379 Bloor St.W. Toranto, M&P 4J5 (416) -590 - 4233 Program runs at Carleton Village Sports and Wellness Academy

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Dovercourt Boys and Girls Club's March Break Metdown is back this year with fun and exciting activities and trips to Solar Stage and Riverdale Form your child can create art, learn gardening, play sports and participate in our annual St. Patrick's Day Parade during the course of the break.

Specialty camps: •Math Excel

Master Chef
 Campers can also participate in the Swim N Splash Program

Monday (Cn

Monday (Crazy Hair day)
 Tuesday (Beach day)
 Wednesday (Beach day)

Thursday (Pajama day)
 Friday (Wear green/arange attire day)



Master Chef Camp: Members can immerse themselves in healthy eating, food preparation and cooking healthy, nutritious meals. Members will pitch their own recipes and understand how ingredients are grown and prepared together for excellent test.

Math Excel Camp: This is a fun, hands-on math camp that instills fundamental skills and activities to ensure members can directly apply mathematical theories.

Swim N Splash Camp: Members will learn and sharpen their swimming skills with the opportunity to advance within swimming tiers

Hello, Multipurpose Room

The latest addition to our Club's facilities is the Multipurpose room. What makes this space unique is its versatility to host events, study, socialize and complete projects. We would like to thank City of Toronto for their generous contribution to support our Multipurpose room. This spacious facility is located in our basement at our Club and is easily accessible for members, community, staff and coordinators of our Character Development Programs. Alongside this new addition, the TLC is another recent successful project in conjunction with the Rotary Club of Toronto Charitable Foundation.



We are fortunate to have the support and encouragement from our fellow friends who are contributing to this space again. The Rotary Club of Toronto Charitable Foundation was encouraged by allowing new programs and computers in this room with the objective of encouraging young girls to code.



Special thanks to Savi
Persaudm, Jenica
McKenzie and Yousef El
Tayebi from Microsoft
Corporation for negotiating
computer purchases with
Dell Canada. These new
adoptions are similar to
occurrences at Junction
Triangle Clubhouse where
Mike and Nicole Tevlin
assisted the Clubhouse in
hosting a TLC space.

Dunk For Diabetes

Sun Life Financial and the Toronto Raptors have teamed up again to facilitate the Dunk for Diabetes program at Boys and Girls Clubs across Canada. Dovercourt Boys and Girls Club is excited to participate in this national initiative that helps prevent type 2 diabetes by teaching kids the value of healthy, active lifestyles.

Members from St Helen's Catholic School, Perth Avenue Junior Public School and St. Luigi Catholic School will take part in basketball-based fitness and nutrition challenges on Tuesdays and Thursdays. The completion of challenges will be tracked by members and staff to win prizes and celebrate their achievements with Toronto Raptors and NBA Legends at the end of the six-week program.

Sun Life Financial kick started this initiative with the 2019 Draft Party at Dovercourt Boys and Girls Club. Junction and Dovercourt members dove right into the program by participating in staff-led workouts, listening to Dunk for Diabetes representatives speak about the program and signing their NBA-style contracts commencing their participation!











Even though we are in the middle of winter, the Teaching Garden Program is still growing strong. With the addition of two indoor greenhouses making our kitchen garden possible, and weekly cooking classes, our members get to experience the joys of growing and making food all year round. We are growing Basil, Dill, Cilantro, Nasturtium, Lettuce, Arugula, Chives, Spinach, Lemon and Lavender to name a few products. From these delicious, fresh ingredients, we are cooking veggie loaded flatbread, Cajun bean soup, plan protein taco bowls, lentil Bolognese and cinnamon apple granola crumble! Preparing and indulging in these nutritious meals is part of Dovercourt's participation in President's Choice Children's Charity that has funded healthy eating options for Dovercourt Clubhouse. Due to our involvement, we are able to provide nutritious meals and promote healthy eating and lifestyle. The Teaching Garden was established in 2017 to introduce gardening, environmental science and



agricultre to members. Teaching
Garden Lead, Arielle Bruce and her
mother, Jasmine Stein's contributions to
this program have been endless. For her
retirement party, Jasmine's co-workers
at City of Toronto's Legal Services
donated money to this popular program
initiative. This educational hands-on
experience begins with members seeing
the process of planting seeds and
nurturing strong plants as a team. With
over 10 raised beds, kitchen facilities



and knowledgeable staff; members can grow fresh fruits, vegetables, spices and flowers and prepare nutritious meals all in one space. In conjunction with our highly anticipated March Break Meltdown Camp, members will participate in a field trip to Riverdale Farm during our March Meltdown Camp. The farm tours are a self-guided experience that offer participants over 7.5 acres to explore alongside flower, vegetable and herb gardens.

HOST YOUR POOL PARTY, REUNION OR CORPORATE MEETING WITH US

Located near Dufferin Mall and small businesses on Bloor Street West, Dovercourt Boys and Girls Club is conveniently positioned for your next birthday celebration, reunion or corporate event. Individual and package rentals range from \$50-\$250 for facilities.

For inquiries about packages, please contact, Brittany (brittany@dovercourtkids.com)



Gym: Our gym's capacity hosts up to 300 people and is equipped with basketball nets, soccer nets and bleachers.



Pool: Depth ranges from 3 ft to 8 ft and length is 60 ft



Games Room: this fun space is equipped with a pool and ping pong table, chalk board wall, foosball and air hockey table.



Green Room: Located on our highest floor, this spacious room has large windows which are perfect for open play.



Theatre: Ideal for rehearsals and presentations.

PAYING IT FORWARD

We are honored to have had the opportunity to support Tyndale University student, Rebekah Roblin's overseas program in Lilongwe, Malawi with Disabled Women in Africa (DIWA). With over \$4,000 raised for this positive initiative, Rebekah's 3 month placement with DIWA, in Lilongwe, the capital of Malawi, will help support the right of local women and girls with disabilities.

"Malawi so far has been an incredible experience. I have been able to experience a whole new culture. I am learning a new language, which is very challenging but am slowly learning it "Mwadzuka Bwanji" is how you say good morning in Chichewa," said Rebekah Roblin.



Lilongwe is the largest city in Malawi with a population 646,750 people.

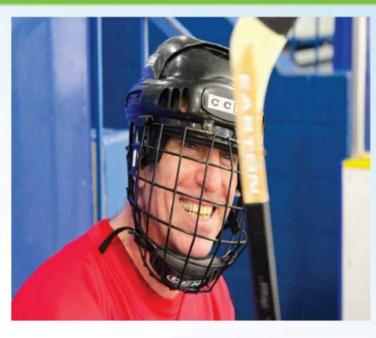


We are wishing Rebekah a safe and fun journey!



Photo taken by Rebekah.

SKATER JOHN FUND



In the memory of John Sarchese and to celebrate his life, John's family partnered with Dovercourt Boys and Girls Club to organize donation fund to buy a deserving boy and girl a pair of skates to celebrate John's love of life and hockey. Integral community member, John passed away in December 2018 and was passionate about The Toronto Maple Leafs & Old Timers Recreation Hockey. He played in a community league and was not able to use a new pair of

skates gifted to him by his sister for Christmas. To continue his legacy and in lieu of flowers; your support will allow members of the next generation to be inspired to play hockey. We thank supporters in advance for their donations and encouragement. To make online donations via Canada Helps please visit:

https://www.canadahelps.org/ en/charities/dovercourt-boysgirls-club/campaign/skaterjohn-fund/

www.dovercourtkids.com

Thank you to our star supporter

We would like to thank Pamela Laurie for her generous donation to Dovercourt Boys and Girls Club which allowed our members to watch the Ross Petty adaptation of the Wizard of Oz at the Elgin Theatre on Friday December 14th, 2018.

Fun Fact: In January 2019, 2000 sandwiches were made for ASP snacks!

Take a peak inside our After School programs

Activities we have done so far:

- Gingerbread House Making
- Creating Slime
- Christmas Party
- Raised money for charitable initiatives, Rebekah Roblin's program placement in Lilongwe, Malawi.



JUNCTION TRIANGLE CLUBHOUSE

During the past few months, Junction Triangle has geared up for Black History Month, Valentines Day, Dunk for Diabetes and March Break Meltdown.

For program inquiries, please contact: Tony Palermo,

Program Director Tony@dovercourtkids.com





KIDS KORNER DAYCARE

Kids Korner preschool enrichment programs offer a variety of activities for children to explore their interests and learn about their environment. Swimming, music and movement classes, community walks and field trips are part of the daily schedule for our tots! Our approach of following the child's lead allows us to observe their interests and exploration and center the program on these themes.

To accommodate technology, changing interests and keep our programs fun and interesting, we adopt new materials, books and toys that cater to all. We strive to provide a fun and safe environment for all children to learn and grow.





MIKE AND NICOLE TEVLIN









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DATES TO REMEMBER

Wednesday February 27, 2019 Pink Shirt day & Junction Triangle Clubhouse Black History Month concert

March Break Monday March 11, 2019 - Friday March 15, 2019

St Patrick's Day Parade Friday March 15, 2019 (Dovercourt Clubhouse)

PA Days, 7:30a.m. to 6:00p.m. Friday June 7, 2019

PA Days École d'immersion française Friday June 14, 2019

The Club welcomes DONATIONS for its Programming. To donate online please visit:

https://www.canadahelps.org/en/ charities/dovercourt-boys-girlsclub/

For information on Dovercourt Boys and Girls Club Programs or to volunteer, please contact:

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