

The Extra Scoop

SPRING 2019

DOVERCOURT BOYS AND GIRLS CLUB



From Spring showers to Summer flowers!



-FURLANI-



Patrick and Barbara
Keenan Foundation

metro



CHILDREN'S CHARITY



Dovercourt Teaching Garden hosts Spring Festival 2019

What better way to kick-start the Spring season with a community celebration?

Dovercourt Clubhouse is hosting its annual Spring Festival on Tuesday June 11, 2019 from 4:00pm to 7:00pm. Club members and the Dovercourt community are invited to participate in the festivities that commemorate the Club's Teaching Garden. From face painting, barbeque to sowing seeds - there is something for everyone here! A special thank you to Patrick and Barbara Keenan Foundation, Mike and Nicole Tevlin, The Boulevard Club, Furlani, Bank of Montreal, Michael's and A& W for supporting the Spring Festival this year.

The Teaching Garden program expands its introduction to gardening, environmental science and agriculture this season. With the addition of two indoor greenhouses and variety of fruits, vegetables and herbs to grow this year, members are front and center in the gardening process.

In case you missed it, Dovercourt Boys and Girls Club's spring highlights include:

- **Junction Triangle Clubhouse's Drumming Program is growing strong.** Full story on page 2.
- **Guess what Dovercourt members are cooking in the Kids Food Nation program.** Read more on page 6.
- **Have you registered for Summer Camp yet?** Read more about this year's camp on page 10.

Drumming Program

This year marks the 5th anniversary of Dovercourt Club's Drumming Program. Under the Character Development Program, Drumming is an additional program that introduces and immerses members in Soundscape and Making Instruments.

Members begin the 6-week program with an introduction to an instrument, its origins and culture. The historical background allows members to brainstorm rhythm ideas and themes for performances. This program builds members' skills and knowledge for a performance at the end of the program. Fall sessions conclude with a performance at Dovercourt Clubhouse and Junction Triangle Clubhouse's Christmas Concert. Winter sessions conclude with Black History Month concert.

Soundscape brings members to the forefront. This includes performance, skits and presentations which are integral components of the Drumming Program. These performance opportunities



build confidence, focus, and discipline for members in a fun, inclusive environment. With the opportunity to perform, members directly apply the knowledge they have acquired.

Some of the Drumming Program's latest work includes rainsticks and making costumes for Black History Month concert. Each instrument, outfit and performance is customized to members' preferences. Brainstorming sessions during the beginning of the program let members create rhythms they may want to use during their performance. The Drumming program hosts 4-5 sessions per year at the beginning of each season.



(R) Rick Monaco

Meet Rick Monaco

The Royal Conservatory of Music's program, Living Through the Arts introduced Rick Monaco to a teaching opportunity at Dovercourt Clubhouse. With over 40+ years of experience in drum making, music and performance, Monaco has facilitated the Drumming Program for the past five years at Dovercourt Club. "It's rewarding when things all come together," said Monaco. Building confidence among members is one of the key experiences for members according to Monaco and "working together in big programs, knowing their input is respected, appreciated and used when doing different shows." In addition to teaching the Drumming Program, Monaco conducts drum making workshops, recordings and performances.



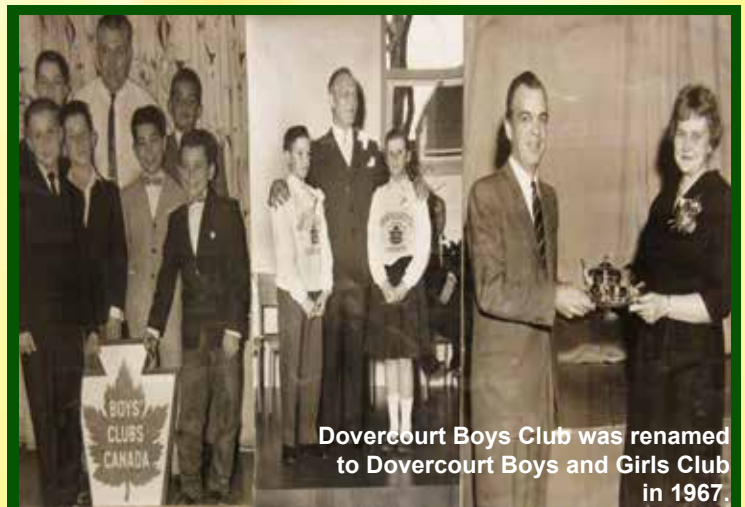
keeps his ribbons from the Club's sports competitions till this day. In later years of his 9 year membership, Braithwaite coached table tennis at Dovercourt Club. During his trip to the CNE, Braithwaite, at the age of 15 watched the Canadian Table Tennis Championship which inspired his pursuit of the sport. After speaking with the players and asking them about their techniques for playing well – Braithwaite joined and competed in the World University Table Tennis Championships (1973) and Ontario Table Tennis in the Canada Winter Games (1971). Braithwaite credits the Club's Table Tennis program for keeping him and participating youth out of trouble. Braithwaite took the skills and knowledge acquired and applied them to his ensuing endeavors including attending law school and working as a Senior Policy Advisor for the Ontario government. Through access to a diverse set of programs and encouraging environment, Dovercourt Club builds champions like Braithwaite. And this is why it's the Club that beats the streets.

Developing Champions since 57': Paul Braithwaite

Former Canadian Table Tennis professional and now Senior Policy Advisor for the Ontario Government, Paul Braithwaite began his table tennis career at Dovercourt Clubhouse in 1958. Before embarking on a sports career which led him to join Table Tennis Canada and compete in multiple Canadian Open Table Tennis Tournaments, 9 year old Braithwaite stumbled upon the sport in Dovercourt Club's games room.

"There were so many activities," said Braithwaite. Dovercourt Club opened it's doors in 1957 and posted flyers around the community to invite members. Braithwaite joined quickly and participated in various activities – from swimming lessons, reading in the library, playing table tennis and competing in Club sports days. Braithwaite

"Sportsmanship qualities that the Club encourages, I carry with me. The whole idea of being responsible, working hard, trying to achieve a goal," said Braithwaite.



St. Patrick's Day Parade 2019

Dovercourt Boys and Girls Club's third annual St. Patrick's Day Parade took place on Friday March 15, 2019.

Dovercourt Clubhouse conducted its March Break Meltdown Camp from Monday March 11 to Friday March 15, 2019 with a St. Patrick's Day themed breakfast

and parade. Over 100 attendees including local dignitaries, MP Julie Dzerowicz, MPP Marit Stiles and 11 Division Superintendent Heinz Kuck marched with Club members. The celebration began with an early breakfast, speeches by Dovercourt Clubhouse Executive Director, Sheldon Taylor, MPP Stiles, Grand Marshall Bill McCormack and a performance by St Patrick and mascots.



The Club's gym was filled with cheer and Irish-themed music as members from the Dovercourt and Junction Triangle Clubhouse assembled to begin their march south on West moreland Avenue, West on Southview Avenue, North on Bartlett Avenue and East on Fernback Avenue. Toronto Police 14 Division Superintendent, Neil Corrigan and officers and 11 Division Superintendent Heinz Kuck and officers accompanied

members during the parade. With the Club's very own member, Liam Lavelle, dressed as a Leprechaun leading the way along with Bagpiper, Ian McDonald, Mascots and St Patrick - the parade began in full swing. The parade was concluded back at Dovercourt Club with fun pictures and activities with staff members. Dovercourt Club's St. Patrick's Day parade is one of many celebrations organized to commemorate diversity and inclusion in Toronto.



***Did You know?
During the summer of 1847, 38,560
Irish people immigrated to Toronto
between May and October.***

Dovercourt Club's Star Supporters

Dovercourt Club's past events and initiatives were possible with the support from generous donors. Thank you to Sofina Foods for donating meats in March, Mondelēz for donating chocolates for Dovercourt Club's Easter Gift Baskets, Furlani for donating baked goods and A&W for supporting the catering at the Club's 2019 Spring Festival!



Unplug to Connect: June 7

On Friday June 7, 2019, for an hour or more; spend quality time with your friends, family and co-workers! Boys and Girls Club of Canada and Dovercourt Clubhouse are encouraging people to unplug from their devices on this day.

What's Happening At the Club

It's that time of the year - game tournaments, magic shows, keyboard and piano lessons are some of the exciting activities happening at the Club right now!

The Club's most recent performance was by St. Anthony Catholic School's students, Cristian Freitas and Fredrico Duarte. The two magicians captured the attention of the audience by making cards disappear and binary magic card tricks.





Guess What's Cooking: Kids Food Nation

Boys and Girls Club of Canada and PC Children's Charity are helping kids and families develop culinary skills through a fun and interactive program. Members at Dovercourt Clubhouse, Junction Triangle Clubhouses and St. Mary Catholic School are participating in a 8-week, hands on culinary program from April - May

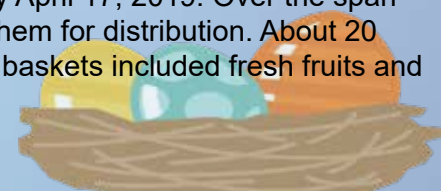
Kids Food Nation program was designed to help improve kids and families' health and food choices. Participants from 7 to 12 years of age have the opportunity to participate in weekly sessions where they plan and cook various recipes and meals, attend trips and participate in discussions about food and nutrition. Each week, kids are introduced to a new module that covers a specific skill set and culinary topic. The program facilitates development in skill set, knowledge and confidence. By cooking a variety of meals and learning about their ingredients and nutritional value, kids will develop the confidence to change their food habits and adopt new ones. Program coordinators have the option of choosing 1 out of 5 meal options each week. As sessions progress, the complexity, variety and quantity of food increases. So what are the young

chefs cooking? From quick salads, to chicken fingers, pizza, fruits kabobs and yogurt parfait. Each cooking session follows a knowledge-based discussion with topics ranging from kitchen safety and hygiene, chef skills and food safety to balanced meals. Members can directly apply knowledge acquired in these discussions in their later meal preparation activities. "The program teaches them life skills and allows them to try new things that they may not try in school," said Shevin Joseph, Outreach Lead. "Food tastes better when you cook it yourself!" Kids Food Nation was developed by Boys and Girls Clubs of Canada in partnership with Corus Entertainment. This program is funded by the Public Health Agency of Canada, President's Choice Children's Charities and Social Research and Demonstration Corporation.

Easter Gift Baskets



Dovercourt Club provided Easter Gift Baskets for recipients on Wednesday April 17, 2019. Over the span of a week, Dovercourt staff collected food and other items and organized them for distribution. About 20 families received an Easter basket consisting two boxes each. The Easter baskets included fresh fruits and vegetables, bread, meats and non-perishable items.



Thank You Superintendent Heinz Kuck!



(L-R) Executive Director, Sheldon Taylor, Superintendent Heinz Kuck and Program Director, Tony Palermo

On Friday May 24, 2019 Dovercourt Club held a Special Thank You ceremony for Superintendent Heinz Kuck. Alongside and representing 11 Division Toronto Police, Superintendent Heinz Kuck assisted with the Club's Push for Literacy initiative in June 2018 which aims to encourage members' love of reading and refurbished the Cub's book collection. In addition the Superintendent's contributions include a 3km sled push for the Pushing for Hope initiative in June 2016 which raised funds for the Club's Music Maker program.



Special Olympics Fundraiser

With support from 11 Division Toronto Police Service, Dovercourt Clubhouse hosted a fundraiser on Wednesday May 8, 2019 to support a special olympics athlete. From brownies to cupcakes - members and parents were welcomed to buy Club-baked treats and goodies.

Dr. Saraco Scholarship for the Arts

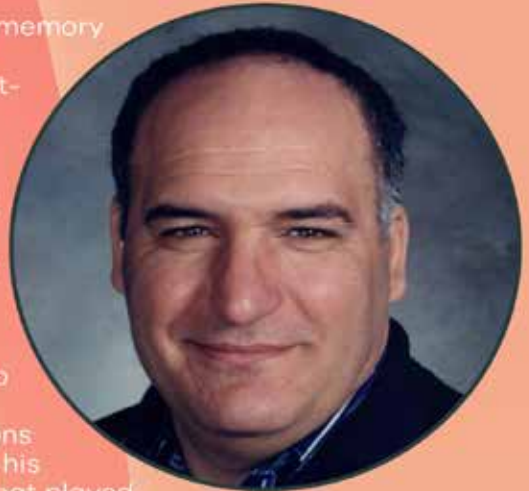


Dovercourt Boys and Girls Club

The Saraco family wishes to offer a scholarship of \$1,000 in memory of Dr. Gennaro (Jim) Saraco to be awarded to a student in Grade 12 within the community that is looking to pursue post-secondary education in the arts.

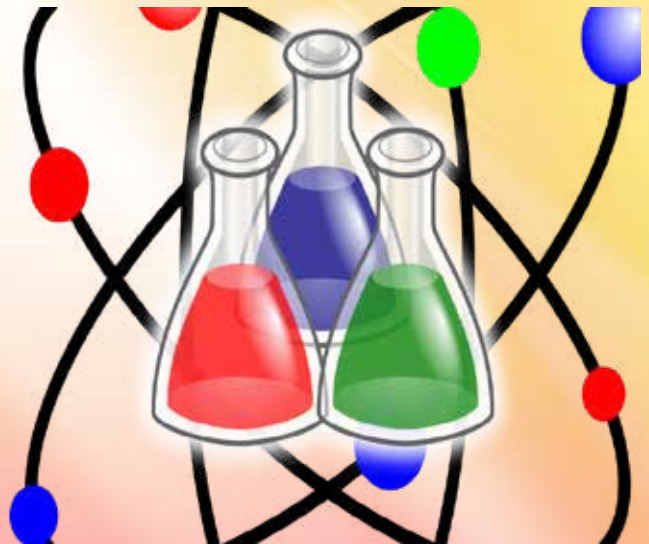
Dovercourt Boys and Girls Club played an integral part in the formative years of Gennaro Saraco. As a new Canadian, the Club became a place for him to learn many skills such as swimming, math, and even english. As an adult, he fondly recalled his early years at the Club and frequently shared his many memories with a warm smile.

Although he was an educator for most of his life, Dr. Gennaro Saraco was innately creative and had a strong passion for the arts. He painted, wrote, and acted during his life - passions which he enjoyed and always encouraged in his children. In his memory, we look forward to giving back to the community that played such an integral role in who he was.



Armando "Army" Aiello Scholarship \$1,000

A Club's staff or volunteer will be the lucky recipient of the Armando "Army" Aiello Scholarship who is looking or has been accepted into a post-secondary math or science program. Dovercourt Clubhouse established a strategic alliance with Vito Maida, President, Patient Capital Management Inc in 2016 to annually provide a \$1,000 Math or Science scholarship for 10 years. The scholarship is named in honor of Armando "Army" Aiello who like Vito, was a Dovercourt Boys and Girls Club member. The deadline to submit applications is Friday June 28, 2019.



For Scholarship inquiries, please contact:
Yameena@dovercourtkids.com



JUNCTION TRIANGLE CLUBHOUSE ART

Have You Registered Yet?

Members can choose from Math Excel, Swim N Splash, Master Chef, Sports, Smile Program and Regular Camp.

Dovercourt Boys and Girls Club's Summer Camp 2019 offers an exciting all-in-one day camp program from July 2 to August 23 this year. This action-packed program is ideal for kids ages 4 to 17 and tots (4 to 6 year olds) who love to be active, try new and make friends! Campers will participate in many daily activities including sports, music, drama, arts, dance and gardening. In addition, members will attend exciting field trips and enjoy outdoor play.

What makes Dovercourt Club's Summer Camp unique? The variety of camps that blend theoretical concepts, hands-on projects and group activities for sharing one's work and collaborating.

Math Excel

The Math Excel Camp picks up where the classroom left off. Blending proven teaching methods, engaging activities and games, and a fun rewards system to inspire children to learn. Our specialized program consists of 4 hours of math, engaging Club activities and exciting field trips!

Swim N Splash

Campers will learn and sharpen their swimming skills with the opportunity to advance within swimming tiers.

Master Chef

Members immerse themselves in healthy eating, food preparation and cooking healthy, nutritious meals. Members will pitch their own recipes and understand how ingredients are grown and prepared together for excellent taste.

Sports Camp

This camp will teach technical development, training routines and fundamental skills. These skill-training exercises reflect important values the Club promotes - respect, friendship and fair play.

SMILE PROGRAM

The SMILE (Shared Moments In A Learning Environment) Program is for members ages 6 years old and up requiring additional assistance outside of the traditional DBGC summer camps. Activities include swimming, cooking, arts and crafts, indoor and outdoor games, music, theatre and sports. Staff support for this camp is 1:2 and is a full-day camp with limited enrollment.



SUMMER CAMP 2019 Dovercourt Boys and Girls Club

July 2 - August 23, 2019

At Dovercourt & Junction Triangle Clubhouses

SPECIALTY CAMPS	REGULAR CAMPS
Math Excel \$160/week Swim N Splash \$350/9 Days Read Cross/Reskiving Society \$380/10 Days Master Chef \$170/week Sports Camp \$170/week Smile Program \$225/week <small>Read Cross/Reskiving Society is a separate program. Staff available for 10 weeks. Contact: 410.536.4132</small>	Early Bird Registration: April 8 - May 31, 2019 7 years old and up \$140/week 4-6 years old \$160/week Registration after June 1, 2019 7 years old and up \$160/week 4-6 years old \$170/week Extended Week: August 26 - August 30, 2019 7 years old and up \$170/week 4-6 years old \$180/week Extended Care: 7:30 AM - 9AM \$20.00 Full Week (only at Dovercourt Clubhouse) 9 AM - 9 AM \$15.00 Full Week 4 PM - 5 PM \$15.00 Full Week 4 PM - 6 PM \$25.00 Full Week

Call or Visit to Register
 Dovercourt Clubhouse - 180 Westmoreland Avenue - 410.536.4132
 Junction Triangle Clubhouse - 1379 Bloor St W - 416.530.4233

Thank You To Our Volunteers



Happy National Volunteer Week (April 7-13) including to our passionate and dedicated interns who have helped us facilitate programs throughout the year.

The Club is thankful for the time, support and generosity contributed by interns and volunteers all year around! What have our interns been up to? The young undergraduates helped prepare snack each morning, safe walk members and design activities and games for members.

In addition, the Club's March Break Camp stood strong with snacks prepared and packaged by CIBC Mellon volunteers. Camp goers were fueled with granola bars, fruit and juice through the action-packed week!



Interns 2019



CIBC Mellon Volunteers

Watermain Cleaning and Relining: Westmoreland and Shanly Street from Dufferin Street to Westmoreland Ave.

The City of Toronto will be cleaning and structurally re-lining the watermain in the Dovercourt community and will also replace the City-owned portion of any substandard water pipes. Specifically, this project is conducted on Westmoreland Avenue and Shanly Street from Dufferin Street to Westmoreland Ave.



The project will run from April 2019 to November 2019 and is a component of the Council-approved Capital Works Program to renew the city's

aging infrastructure, improve water distribution and reduce the risk of watermain breaks. Due to the structural changes, community members can expect dust, noise and other inconveniences. The construction will occur from 7:00am to 7:00pm, Monday to Friday with work after hours and on weekends as required.

In addition, the Club advises parents and visitors to park cautiously around Dovercourt Clubhouse. Irregular parking is reducing visibility at intersections.

DOVERCOURT AND JUNCTION TRIANGLE CLUBHOUSES

"The Club that beats the Streets."

REGISTER TODAY

SPECIALTY CAMPS	REGULAR CAMPS
<ul style="list-style-type: none"> Mudh Excel: \$160/week Swim N Splash: \$160/week 2 Full Weeks (8/10 Days): \$360/9 Days Red Cross/Rescuing Society: \$360/10 Days Master Chef: \$100/week Sports Camp: \$170/week Smile Program: \$25/week 	<ul style="list-style-type: none"> Early Bird Registration: April 8 - May 31, 2019 7 years old and up: \$140/week 4-6 years old: \$150/week Registration after June 1, 2019 7 years old and up: \$160/week 4-6 years old: \$170/week Extended Week: August 26 - August 30, 2019 7 years old and up: \$170/week 4-6 years old: \$180/week Extended Care: 7:30 AM - 8 AM: \$20.00 Full Week (only at Dovercourt Clubhouse) 8 AM - 9 AM: \$15.00 Full Week 4 PM - 5 PM: \$15.00 Full Week 4 PM - 6 PM: \$25.00 Full Week

SUMMER CAMP RUNS JULY 2 - AUGUST 23 Extended care and extended care per day available

Dovercourt Boys and Girls Club Summer Camp 2019 offers an exciting all-in-one day camp program. This action is packed program is ideal for kids and youth ages 4 to 17 who want to be active, try new and different things. Campers will participate in many daily activities including sports, music, drama, arts and dance. Campers will go on exciting field trips and enjoy outdoor play.



To Register, visit us at:
180 Westmoreland Ave
M6H 3A2 or 1379 Bloor Street West
M6P4J5

For more information call us at
Dovercourt Clubhouse: 416.536.4102
Junction Triangle Clubhouse:
416.530.4233

Email: info@dovercourtkids.com
www.dovercourtkids.com



DATES TO REMEMBER

Spring swimming lessons
Continues until Sunday June 23,
2019

P.A Days, 7:30a.m. to 6.00p.m.
Friday June 7, 2019

Spring Festival
Tuesday June 11, 2019

Afterschool Program ends
Friday June 21, 2019

Summer Camp Staff training
Monday June 24, 2019 - Friday June 28,
2019

Summer Camp Early Bird Registration
April 8, 2019 - May 31, 2019

Summer Camp
Tuesday July 2, 2019 - Friday August 23,
2019

**The Club welcomes DONA-
TIONS for its Programming. To
donate online, please visit:**

[https://www.canadahelps.org/
en/charities/dovercourt-boys-
girls-club/](https://www.canadahelps.org/en/charities/dovercourt-boys-girls-club/)

For information on Dovercourt Boys
and Girls Club Programs or to volun-
teer, please contact:

Cassandra Vuylsteke
Dovercourt Clubhouse @
416.536.4102
cassandra@dovercourtkids.com

Mannie D'Elia
Dovercourt Clubhouse @
416.536.4102
mannie@dovercourtkids.com

Matteo Severino
Dovercourt Clubhouse @
416.536.4102

Tony Palermo
Junction Triangle Clubhouse @
416.530.4233
tony@dovercourtkids.com

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