



# Summer Camp

July 2nd to August 30<sup>th</sup> 2024  
8:30am - 4:30pm

## Camp Fees

### Specialty Camps

- Math Excel \$170/week
- Master Chef \$180/week Only at Dovercourt Clubhouse
- Sports Camp \$180/week Only at Dovercourt Clubhouse
- Theatre Camp \$180/week
- Swimming Lessons (Groups of 6) \$125/week (additional Cost)
- Private & semi lessons also available for 8:30 am or 9 am

### Regular Camps All Locations

- 4-6 years old \$175.00/week (Monday to Friday (8:30am - 4:30pm))
- 7 years old and up \$170.00/week (Monday to Friday (8:30am - 4:30pm))

### Extended Care

We offer extended care from

Dovercourt Clubhouse

7:30 AM - 8:30 AM (\$20/Full Week)	4:30 PM- 6:00 PM (\$25/Full Week)
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Junction Clubhouse

8:00 AM - 8:30 AM + 4:30-5:00 PM (\$20/Full Week)
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## Payment

We Accept Visa, Mastercard, Debit, Cheques and Cash. First and last week of summer camp must be paid in full at the time of registration.

## Camp Cancellation Policy

Cancellation with a refund must be requested in writing at least 10 business days before your child(ren)'s camp begins. A \$25 administration fee will be withheld for each camp registration cancelled. Please allow for 2-4 weeks for refunds to be processed

## Child's Information

Child's Name: \_\_\_\_\_ ID#: \_\_\_\_\_ Age: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Photo/Video Release (for website and social media):  Yes  No

Do you wish to receive emails from Dovercourt Boys and Girls Club about upcoming programs, events, important dates and available positions?

Yes  No Email: \_\_\_\_\_

How did you hear about us?

Internet/social media  Word of Mouth  Mail  Returning  Other \_\_\_\_\_

## Locations

Dovercourt Clubhouse  
180 Westmoreland Ave

Junction Clubhouse  
Carleton Village Junior and Senior Sports and Wellness Academy.

## 2024 Calendars



SUN	MON	TUES	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



SUN	MON	TUES	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Club Closures:  
July 1 2024  
August 5 Civic Holiday

Dates	Regular Camps		Specialty Camps				Extended Care		Total	Staff initials
	Ages 7+ \$170/week	Ages 4-6 \$175/week	Master Chef \$180/Week	Theatre Camp \$180/Week	Sports Camp \$180/Week	Math Excel \$170/Week				
July 2-5 <b>Euro &amp; Copa Week</b>							<u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25)	<u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20)		
July 8-12 <b>Carnival Week</b>							<u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25)	<u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20)		
July 15-19 <b>Under the Sea Week</b>							<u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25)	<u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20)		
July 22-26 <b>Around the World Week</b>							<u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25)	<u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20)		
July 29-Aug 2 <b>Multicultural Week</b>							<u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25)	<u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20)		
July 29-Aug 2 <b>Mission Impossible Week</b>							<u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25)	<u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20)		
Aug 12-16 <b>Olympics Week</b>							<u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25)	<u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20)		
Aug 19-23 <b>Weird &amp; Wacky Week</b> <small>Only at Dovercourt Location</small>							<u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25)			
Aug 26-30 <b>Music Festival Week</b> <small>Only at Dovercourt Location</small>							<u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25)			
Souvenir Cost: <input type="checkbox"/> \$10.00							GRAND TOTAL: _____			

Parent/Guardian Signature : \_\_\_\_\_

Date : \_\_\_\_\_

Office Use: Payment method  Cash  Cheque Cheque# \_\_\_\_\_  Debit  Visa  Mastercard

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Tel: \_\_\_\_\_

Dates	Swimming Lesson	Swimming Level	Lifesaving Society Description of Swimming Levels		Total	Staff initials
July 2-5			<b>Preschool 1:</b> · Enter and exit shallow water(assisted) · Jump into chest-deep water(assisted) · They'll float and glide on their front and back and learn to get their faces · Wet and blow bubbles underwater.	<b>Swimmer 2:</b> · Jump into deep water, and learn to be comfortable falling sideways into water wearing lifejacket. · Support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, introduced to flutter kick interval training (4 x 5 m)		
July 8-12			<b>Preschool 2:</b> · Learn to jump into chest-deep water by themselves, and get in and get our wearing a lifejacket. · Submerge and exhale underwater. Wearing a lifejacket they will glide on their front and back.	<b>Swimmer 3:</b> · Dive and do in-water front somersaults and handstands. Work on 15 m of front crawl, back crawl and 10 m of whip kick. · Flutter kick interval training increases to 4 x 15 m.		
July 15-19			<b>Preschool 3:</b> · Jumping into deep water wearing PFD, return and exit and sideways entry . · Recover objects from the bottom in waist-deep water. · Work on kicking and gliding through the water on their front and back.	<b>Swimmer 4:</b> · Intermediate swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. · Swim to Survive skills: Canadian Swim to Survive Standard: Roll entry into deep water, tread 1 min. and swim 50 m		
July 22-26			<b>Preschool 4:</b> · Learn to do solo jumps unto deeper water and get out by themselves. · Do sideways entries and open their eyes underwater.	<b>Swimmer 5:</b> · Swimmers will master shallow dives, cannonball entries, eggbeater kicks, in water backward somersaults. · Refine front and back crawl over 50 m swims of each, and breaststroke over 25 m. Pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m Breaststroke.		
July 29-Aug 2			<b>Preschool 5:</b> · Forward roll entry wearing a lifejacket and treading water for 20 sec. · Work on front and back crawl swims for 5 m. · Interval training: 4 x 5 m flutter kick on back with 30 sec. rest	<b>Swimmer 6:</b> · Swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick.		
Aug 6-9			<b>Swimmer 1:</b> · Jumping into water with and without a lifejacket. Open their eyes, exhale and hold their breath underwater.	· Develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and workout 300 m		
Aug 12-16			· Floats, glides and kicking through the water on their front and back.			
Aug 19-23						
Aug 26-30						
<b>GRAND TOTAL:</b> _____						

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Use: Payment method Cash Cheque Cheque# \_\_\_\_\_ Debit Visa Mastercard