

Camp Fees

Specialty Camps

- Math Excel \$170/week
- Master Chef \$180/week Only at Dovercourt Clubhouse
- Sports Camp \$180/week Only at Dovercourt Clubhouse
- Theatre Camp \$180/week
- Swimming Lessons (Groups of 6) \$125/week (additional Cost)
- Private & semi lessons also available for 8:30 am or 9 am

Regular Camps All Locations

- 4-6 years old \$175.00/week (Monday to Friday (8:30am - 4:30pm))
- 7 years old and up \$170.00/week (Monday to Friday (8:30am - 4:30pm))

Extended Care

We offer extended care from

Dovercourt Clubhouse

| | |
|---------------------------------------|--------------------------------------|
| 7:30 AM - 8:30 AM (\$20/Full Week) | 4:30 PM- 6:00 PM (\$25/Full Week) |
|---------------------------------------|--------------------------------------|

Junction Clubhouse

| |
|--|
| 8:00 AM - 8:30 AM + 4:30-5:00 PM (\$20/Full Week) |
|--|

Payment

We Accept Visa, Mastercard, Debit, Cheques and Cash. First and last week of summer camp must be paid in full at the time of registration.

Camp Cancellation Policy

Cancellation with a refund must be requested in writing at least 10 business days before your child(ren)'s camp begins. A \$25 administration fee will be withheld for each camp registration cancelled. Please allow for 2-4 weeks for refunds to be processed

Child's Information

Child's Name: _____ ID#: _____ Age: _____

Phone Number: _____

Photo/Video Release (for website and social media): Yes No

Do you wish to receive emails from Dovercourt Boys and Girls Club about upcoming programs, events, important dates and available positions?

Yes No Email: _____

How did you hear about us?

Internet/social media Word of Mouth Mail Returning Other _____

Locations

Dovercourt Clubhouse
180 Westmoreland Ave

Junction Clubhouse
Carleton Village Junior and Senior Sports and Wellness Academy.

2024 Calendars



| SUN | MON | TUES | WED | THU | FRI | SAT |
|-----|-----|------|-----|-----|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |



| SUN | MON | TUES | WED | THU | FRI | SAT |
|-----|-----|------|-----|-----|-----|-----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

Club Closures:
July 1 2024
August 5 Civic Holiday

| Dates | Regular Camps | | Specialty Camps | | | | Extended Care | | Total | Staff initials |
|--|-----------------------|------------------------|---------------------------|----------------------------|---------------------------|--------------------------|---|--|-------|----------------|
| | Ages 7+ \$170/week | Ages 4-6 \$175/week | Master Chef \$180/Week | Theatre Camp \$180/Week | Sports Camp \$180/Week | Math Excel \$170/Week | | | | |
| July 2-5 Euro & Copa Week | | | | | | | <u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25) | <u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20) | | |
| July 8-12 Carnival Week | | | | | | | <u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25) | <u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20) | | |
| July 15-19 Under the Sea Week | | | | | | | <u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25) | <u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20) | | |
| July 22-26 Around the World Week | | | | | | | <u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25) | <u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20) | | |
| July 29-Aug 2 Multicultural Week | | | | | | | <u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25) | <u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20) | | |
| Aug 6-9 Mission Impossible Week | | | | | | | <u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25) | <u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20) | | |
| Aug 12-16 Olympics Week | | | | | | | <u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25) | <u>Junction</u> <input type="checkbox"/> 8:00AM-8:30AM and <input type="checkbox"/> 4:30PM-5:00PM (\$20) | | |
| Aug 19-23 Weird & Wacky Week <small>Only at Dovercourt Location</small> | | | | | | | <u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25) | | | |
| Aug 26-30 Music Festival Week <small>Only at Dovercourt Location</small> | | | | | | | <u>Dovercourt</u> <input type="checkbox"/> 7:30AM-8:30AM (\$20) <input type="checkbox"/> 4:30PM-6:00PM (\$25) | | | |
| Souvenir Cost: <input type="checkbox"/> \$10.00 | | | | | | | GRAND TOTAL: _____ | | | |

Parent/Guardian Signature : _____

Date : _____

Office Use: Payment method Cash Cheque Cheque# _____ Debit Visa Mastercard

Name: _____ Age: _____ Tel: _____

| Dates | Swimming Lesson | Swimming Level | Lifesaving Society Description of Swimming Levels | | Total | Staff initials |
|---------------------------|-----------------|----------------|--|---|-------|----------------|
| July 2-5 | | | Preschool 1: · Enter and exit shallow water(assisted) · Jump into chest-deep water(assisted) · They'll float and glide on their front and back and learn to get their faces · Wet and blow bubbles underwater. | Swimmer 2: · Jump into deep water, and learn to be comfortable falling sideways into water wearing lifejacket. · Support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, introduced to flutter kick interval training (4 x 5 m) | | |
| July 8-12 | | | Preschool 2: · Learn to jump into chest-deep water by themselves, and get in and get our wearing a lifejacket. · Submerge and exhale underwater. Wearing a lifejacket they will glide on their front and back. | Swimmer 3: · Dive and do in-water front somersaults and handstands. Work on 15 m of front crawl, back crawl and 10 m of whip kick. · Flutter kick interval training increases to 4 x 15 m. | | |
| July 15-19 | | | Preschool 3: · Jumping into deep water wearing PFD, return and exit and sideways entry . · Recover objects from the bottom in waist-deep water. · Work on kicking and gliding through the water on their front and back. | Swimmer 4: · Intermediate swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. · Swim to Survive skills: Canadian Swim to Survive Standard: Roll entry into deep water, tread 1 min. and swim 50 m | | |
| July 22-26 | | | Preschool 4: · Learn to do solo jumps unto deeper water and get out by themselves. · Do sideways entries and open their eyes underwater. | Swimmer 5: · Swimmers will master shallow dives, cannonball entries, eggbeater kicks, in water backward somersaults. · Refine front and back crawl over 50 m swims of each, and breaststroke over 25 m. Pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m Breaststroke. | | |
| July 29-Aug 2 | | | Preschool 5: · Forward roll entry wearing a lifejacket and treading water for 20 sec. · Work on front and back crawl swims for 5 m. · Interval training: 4 x 5 m flutter kick on back with 30 sec. rest | Swimmer 6: · Swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. · Develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and workout 300 m | | |
| Aug 6-9 | | | Swimmer 1: · Jumping into water with and without a lifejacket. Open their eyes, exhale and hold their breath underwater. | | | |
| Aug 12-16 | | | · Floats, glides and kicking through the water on their front and back. | | | |
| Aug 19-23 | | | | | | |
| Aug 26-30 | | | | | | |
| GRAND TOTAL: _____ | | | | | | |

Parent/Guardian Signature: _____ Date: _____

Office Use: Payment method Cash Cheque Cheque# _____ Debit Visa Mastercard